



# AFTER SCHOOL PROGRAMS GUIDE

## Winter Trimester 2020

Virtual Adventures  
Extended Day (In-Person)  
Music Instruction, Band & Tutoring (Virtual)

## TABLE OF CONTENTS

|   |    |
|---|----|
| After School Program Overview.....            | 3  |
| Schedule Outline & Dismissal Information..... | 4  |
| Registration & Payment.....                   | 5  |
| Other Programs.....                           | 5  |
| Frequently Asked Questions (FAQs).....        | 6  |
| Programs for - 2020.....                      | 7  |
| Mondays.....                                  | 8  |
| Tuesdays.....                                 | 10 |
| Wednesdays.....                               | 12 |
| Thursdays.....                                | 13 |
| Fridays.....                                  | 15 |

Dear Families,

The After School Programs at Catherine Cook School serve our students after the regular school day dismissal until 6:00 p.m. Our goals have always been to provide a safe environment, a variety of enrichment and academic experiences, and curiosity satisfaction for our world. Although we face many challenges this school year in the midst of Covid-19, After School remains committed to our goals.

Given the need to reduce the number of visitors in our building and the guidelines of maintaining small exposure groups for students, all of our After School programs have been adjusted.

1) Extended Day will be provided to families needing consistent childcare in the afternoons. Extended Day will be available from school dismissal until 6:00 p.m. for students registered for the Winter trimester. We will only provide Extended Day to families needing childcare five days a week. We will not be able to accommodate drop-ins, and students participating in Extended Day may not register for Virtual Adventures due to scheduling.

2) After School Adventures (ASA) will be Virtual Adventures (VA) for this trimester. ASA classes are designed to enhance the school day experience by introducing a broader range of subject areas and interests after school, and VA are curated with the same hope in mind. Catherine Cook teaching staff and a few outside vendors will lead our VA programs. These instructors have experience working with children and in the subject areas of their classes.

3) Additional after school virtual opportunities are also available. Private Music Instruction, Band, and Tutoring will be virtual and may be scheduled by families and the service providers during out-of-school hours. Many of our partner service providers are also providing additional virtual programming for families and students. Families may check out those opportunities and register directly with the partner organizations.

This guide provides all the necessary information to navigate Catherine Cook After School options and understand policies and procedures for participating in such programs for the Winter 2020 trimester. For the most up-to-date information on After School Programs, please visit the [Campus Life](#) section of our website.

Best Regards,

Susan Custer  
Coordinator of Co-Curricular Programming  
phone: 312.266.3381 x6177  
email: [scuster@ccookschool.org](mailto:scuster@ccookschool.org)

## Behavior Expectations in After School

There is an expectation that students will maintain their positive ROARS behavior in after school programs as outlined by the student handbook, and therefore, a review of participation will take place if the expectation is not met. A student may lose the opportunity to participate in after school programming if the child's social conduct or behavior is deemed unacceptable or posing a danger to themselves or others. In general, the consequences follow a sequence of verbal reminders, a phone call to the parent/guardian, and removal from the program for that day or a specific period of time. There are no refunds for student absences due to behavior.

## Extended Day

### **Block 1: School Dismissal until 4:30 p.m. (\$25/day)**

In-Person Extended Day is available for families needing childcare five days a week. Students in Extended Day are grouped based upon grade-level and have age-appropriate scheduled activities.

Our Early Childhood students enjoy free play, story time, table activities, games, crafts, and playground time (weather permitting).

Lower School students have a dedicated quiet study time to work on homework or academic-related activities, and time permitting, games, crafts, playground time, and free play.

Middle Schoolers have quiet study space for students to work on homework or academic-related activities after a brief period of recess at the end of the school day.

Block 1 attendees must be picked up by 4:30 p.m.

**If your student(s) will stay after 4:30 p.m., students must be registered for Block 2 in addition to Block 1.**

### **Block 2: 4:30-6:00 p.m. (\$12.50/day)**

Add Block 2 registration for any student staying on campus after 4:30 p.m. Students will remain grouped based upon grade-level and are offered a variety of supervised activities including: continuing with homework, games, activities, crafts, recess, books, and independent choices.

\*Note: Students participating in Extended Day for the Winter trimester are unable to participate in Virtual Adventures.

## End of School Day Dismissal

It is expected that all children will be picked up on time. Please call the Main Office if you are running late. This courtesy call does not absolve parents/guardians of late fees, but reduces uncertainty for children and staff. Students not picked up in a timely manner may be checked in to Extended Day and will incur a charge of \$55/student for emergency drop-in childcare.

At no time will students be allowed to remain unsupervised in the school building. (\*Note: Students checked into Extended Day due to a late pick-up will be supervised by a staff member in a designated area separate from Extended Day groups.)

## Extended Day Pick-Up

Students registered for Extended Day will be dismissed via a rolling pick-up window between 4:00-6:00 p.m. via carline. We kindly request all adults picking up from Extended Day remain in their vehicles or on the sidewalk if walking to pick up. Please call the Main Office upon arrival (312.266.3381) and press extension 0 to reach someone in the main office. Extended Day staff will assist your student(s) in dismissing safely.

Dismissal traffic flows westward down Schiller Avenue. Parents and caregivers **must remain in their vehicles at all times**. No parking is allowed on either side of Schiller or any school zone during dismissal for any reason. The Chicago Police Department often monitors our dismissal for safety and will ticket any cars that are not in compliance with our dismissal procedures.

**Parents picking up on foot** should line up along the sidewalk at the front entrance and show your family's placard to a staff member. Please do not block the entrance doors or enter the building.

**Students not picked up by 6:00 p.m. will be charged a \$2 per minute late fee.** Please note: If students are repeatedly picked up past 6:00 p.m., they will lose the privilege of participating in Late Day.

## Virtual Adventures (VA)

Winter 2020 Virtual Adventures are scheduled to begin at 4:30 p.m. to give all participants and instructors time to dismiss from school and arrive home. In the event the school building is closed for an extended period of time, Virtual Adventures may be moved up an hour to begin at 3:30 p.m. Families will receive communication in the event this schedule change is made. Virtual Adventures for JK-2nd grade students are 30 minutes in length and those for 3rd-8th grade students are 45-60 minutes in length. Families will receive communication on a regular basis from Virtual Adventure instructors regarding Zoom links and the preparation needed for successful classes.

## Trimester Dates

*Trimester schedules take into account all school breaks and days off.*

**Fall:** September 28 - November 20, 2020

**Winter:** November 30, 2020 - March 5, 2021

**Spring:** March 8 - June 3, 2021

## Registration & Payment

**Registration Begins: Wednesday, November 4, 9:30 a.m.**

Registration is online via Popsicle. Directions for registration can be found under Campus Life, After School Adventures on our website. Payment is due upon registration.

**Deadline for Registration: Wednesday, November 18, 4:00 p.m.**

Once registration closes, decisions are made to cancel classes that have not met enrollment. Families impacted are contacted by email. Extended Day has no maximum.

Dropping classes is possible throughout the end of the registration period, please contact Susan Custer at [scuster@ccookschool.org](mailto:scuster@ccookschool.org).

Students billed for Dismissal Late Fees will receive an invoice by the end of the month. **Please note, failure to pay for after school programs in a timely manner may exclude students' participation in the following trimester.**

## Cancellations & Refund Policy

All Virtual Adventure programs require a minimum number of students to enroll for a successful experience. If minimum requirements are not met by the deadline for registration, refunds will be given and alternative options will be suggested. A full refund will be given if another option is not chosen by the family. Once a session begins, refunds can be given less a \$50 administrative fee during the first week of the program only. After that, there is no refund for student withdrawal. There will be no tuition credits or refunds in case of student absence or should a student not complete the full session.

**Make-ups for Virtual Adventures:** Every effort will be made to hold all classes. If there is an emergency, a substitute will lead the class or the session will be rescheduled.

## Virtual Adventure Waitlist

When the maximum number of students has been reached during registration, a 'Waitlist' button will appear below the activity choice. You must add your student to the Waitlist for the opportunity for a spot. If a space becomes available, you'll receive an email with instructions to confirm your space and make payment. The system will hold your space for 8 hours for you to take action prior to alerting the next family in line.

## Enrollment & Attendance

Regular attendance is necessary and expected, particularly for Middle School (MS) students on an academic team. Pay attention to specific meeting dates and requirements in this guide's class description for each class. Registration is required for all participants. There are no refunds for student absences or prorated fees if students attend two activities that meet at the same time.

## Other After School Programs Music Instruction & Band

Private lessons on various musical instruments for a variety of ages are available through Catherine Cook. Most of our Catherine Cook-approved private music instructors are providing music instruction virtually. Please visit the Campus Life, Music Instruction After School section of our website for Catherine Cook for approved instructors. Parents must contact these instructors independently to arrange lessons and payment. In general, lessons are 30 minutes and costs vary by instructor.

Music Education Services will continue providing instruction to current band members. At this time, we are not adding new members or starting a Beginning Band. You may contact Music Education Services directly for further details.

## Private Tutoring After School

Catherine Cook School allows tutoring through independent contractors. Contact Anne Russell for more information: [arusell@ccookschool.org](mailto:arusell@ccookschool.org).

## Partner Organizations Providing Virtual Opportunities for Students and Families

[AnetaArtClasses](#)

[Chess-ED](#)

[Chicago Children's Theatre](#)

[Design Dance](#)

[Young Rembrandts](#)

If you're interested in virtual activities outside of Catherine Cook, check out the offerings provided by our partner program providers and feel free to register directly with the organization.

## FAQs:

### **How does my student get from dismissal to Extended Day?**

At the end of the regular school day, all students will be escorted by an adult from their classroom to their designated Extended Day locations.

### **Does Extended Day have medical and pick-up information for my child?**

After School Programs have access to the same medical and emergency information you provide for the regular school day. Parents should keep contact/pickup information up-to-date. After School personnel may check the ID of an unrecognized person, so parents/guardians should come prepared. If you would like to add a person for a one-time pickup, please email Susan Custer at [scuster@ccookschool.org](mailto:scuster@ccookschool.org).

### **Can my child bring his/her own toys or electronics to play with in Extended Day?**

Encourage your child to brainstorm activities, interests, and games that can be explored after school, and encourage them to share with the staff. We love new ideas and developing interests; however, personal toys are best left at home to avoid accidental loss or breakage. If any toys or materials need to be brought home from school, students will be asked to leave them in their backpacks. Personal electronics are not allowed in Extended Day, and school-issued computers are to be used only for school-related work or activities.

### **What if my child misses a Virtual Adventure due to illness or a scheduling conflict?**

If a student misses a class, families may request the notes/independent work from the missed class upon their return. We do not reschedule classes due to student absence and there are no refunds. Class fees take into account all school breaks and days off. Every effort will be made to continue classes and schedule substitutes in the event of an instructor emergency.

### **What if our family schedule changes or my student no longer wants to participate in an After School Program?**

Please remember to double-check your family calendar to avoid conflicts. Once a session begins, refunds can be given less a \$50 administrative fee during the first week of the program only. After that, there is no refund for student withdrawal. Exceptions will be made for students who are deemed too young for a class (i.e. a younger Early Childhood student who is not ready for a longer day).

### **Should my student(s) bring a snack from home for Extended Day?**

We provide one individually packaged snack per student per afternoon for students attending Extended Day. Snacks are peanut- and tree nut-free, and we also provide other ingredient-free snacks upon request for students with various allergies. If you feel your student will need more than one snack for the afternoon, students are welcome to bring an additional snack to enjoy. Students are not permitted to share food or snacks.

### **Can my student join a Virtual Adventure after the trimester has begun?**

In most cases, no, there can be no additions to class rosters after the first week of class. Once the session has started, materials have been purchased and class dynamics have been established. In some instances, MS students may request to join an open year-long program after the late registration deadline. This may not be available due to program content and/or space limitations and can not be guaranteed.

## Winter Trimester Weekly Overview (November 30, 2020 - March 5, 2021)

| MONDAY  | TUESDAY                                   | WEDNESDAY    | THURSDAY                           | FRIDAY                                     |
|---|---|--------------|------------------------------------|--|
| Extended Day                                    | Extended Day                              | Extended Day | Extended Day                       | Extended Day                               |
| Crazy Choreo<br>Musical Theater Dance<br>SK-3rd | Books & Crafts<br>JK & SK                 |              | Music Discovery<br>Sk-2nd          | Buddha Belly Kids<br>JK-2nd                |
| Robot Explorers: Building<br>SK-2nd             | Storytelling<br>SK & 1st                  |              | Let's Improvise<br>1st-5th         | Hands on Cooking<br>SK-5th                 |
| Robot Explorers: Building<br>3rd-6th            | Kitchen Science<br>SK-5th                 |              | Fencing<br>2nd-8th                 | Family Game Night<br>3rd-5th               |
| Pets!<br>3rd & 4th                              | Musical Madness!<br>SK-3rd                |              | Artist at Heart<br>3rd & 4th       | Robot Explorers:<br>Coding<br>3rd-6th      |
| Beginning Ukulele<br>3rd-5th                    | Art of Silliness<br>1st & 2nd             |              | Minecraft B<br>3rd-8th             | Dungeons, Dice &<br>Game Design<br>6th-8th |
| Minecraft A<br>3rd-8th                          | Music Adventures in<br>Singing<br>3rd-5th |              | Linoleum Printmaking<br>5th-8th    |  |
| Printmaking<br>3rd-8th                          | Bookbinding<br>3rd-8th                    |              | Beginning Ukulele<br>6th-8th       |  |
|   | Advanced Photoshop<br>4th-8th             |              | Storytelling for TEDx<br>7th & 8th |  |
|   | Storytelling Circle<br>5th & 6th          |              |                                    |  |
|   |   |              |                                    |  |

# Winter Trimester (November 30, 2020 - March 5, 2021)

## MONDAYS 10 class meetings

| CLASS                       | PS | JK | SK | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th |
|-----------------------------|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| Extended Day                | •  | •  | •  | •   | •   | •   | •   | •   | •   | •   | •   |
| Beginning Ukulele           |    |    |    |     |     | •   | •   | •   |     |     |     |
| Crazy Choreo                |    |    | •  | •   | •   | •   |     |     |     |     |     |
| Minecraft A                 |    |    |    |     |     | •   | •   | •   | •   | •   | •   |
| Pets!                       |    |    |    |     |     | •   | •   |     |     |     |     |
| Printmaking                 |    |    |    |     |     | •   | •   | •   | •   | •   | •   |
| Robot Explorers 1: Building |    |    | •  | •   | •   |     |     |     |     |     |     |
| Robot Explorers 2: Building |    |    |    |     |     | •   | •   | •   | •   |     |     |
|                             |    |    |    |     |     |     |     |     |     |     |     |

\*This program meets several times per week. Please see program description for details.

### Extended Day Block 1 for PS-8th

M-F | 2:45-4:30 p.m.

Early Childhood (\$1100)

Lower School (\$1025)

Middle School (\$975)

In-Person Extended Day is available for **families needing childcare five days a week** during the Winter trimester.

\*Note: We will not be able to accommodate drop-ins, and students participating in Extended Day may not register for Virtual Adventures due to scheduling.

Students in Extended Day are grouped based upon grade-level and have age-appropriate scheduled activities.

Our Early Childhood students enjoy free play, story time, table activities, games, crafts, and playground time (weather permitting).

Lower School students have a dedicated quiet study time to work on homework or academic-related activities, and time permitting, games, crafts, playground time, and free play.

Middle Schoolers have quiet study space for students to work on homework or academic-related activities after a brief period of recess at the end of the school day.

### Extended Day Block 2 for PS-8th

4:30-6:00 p.m.

Early Childhood (\$550)

Lower School (\$512.50)

Middle School (\$487.50)

In-Person Extended Day is available for **families needing childcare five days a week** during the Winter trimester.

Choose Block 2 for any student staying on campus after 4:30 p.m. Students will remain grouped based upon grade-level and are offered a variety of supervised activities including: continuing with homework, games, activities, crafts, recess, books, and independent choices.

### Beginning Ukulele for 3rd-5th (\$180)

4:30-5:20 p.m.

Students will learn basic ukulele playing technique, including how to strum, tune, and play basic ukulele chords. Students will learn a variety of songs appropriate for their grade level as well as an independent student song of their choice. Students will receive both group and 1:1 instruction from experienced music teacher. Over the course of the class, students will create a ukulele portfolio filled with evidence of their learning, lead sheets, and review material to promote further musical development. Taught by Cory Bristol, 3rd Grade Teacher Assistant.

### Crazy Choreo: Musical Theater Dance for SK-3rd (\$180)

4:30-5:00 p.m.

Get your Jazz hands ready! In this afterschool adventure, we'll be dancing along to the choreography fromal your favorite muicals and movies! Every week, students will learn a new dance routine from a popular musical (think Annie, Descendants, Hamilton, etc.), as they build up their rhythm, flexibility, coordination, spatial awareness, and overall groove skills! There will be a special performance for parents in the last 15 minutes of class, the last day! Led by Melody DeRogatis, 2nd Grade Teacher Assistan. Materials needed: Just a space they can move around in, so they're not sitting at a desk.

### Minecraft A for 3rd-8th (\$180)

4:30-5:20 p.m.

Come play, laugh, and build together in Minecraft. Enjoy different, optional themes and challenges each week or just free build with friends and fellow classmates. All experience levels welcome. Led by Ryan Trahey, AV Studio Coordinator. (\*Note: This class is duplicated on Thursdays- Minecraft B.)

### Pets! for 3rd & 4th (\$180)

4:30- 5:20 p.m.

Do your pets not get enough credit during their amazing appearances on Zoom? Do you wish there was more time to share about them with friends? Do you have questions about your pet or are hoping to get one soon? This virtual adventure will take the time to show our appreciation, share our questions, find the answers, and enjoy all the benefits and hard work it takes to have a pet. Led by Blaire Strom, SEL Teacher.

### Robot Explorers 1-Ready Set Let's Build! for SK- 2nd (\$200)

4:30-5:00 p.m.

This class is an intro to Robotics designed to start at the very beginning and systematically teach students electronics, programming, and then how to combine those skills to build a functional robot. Students explore engineering design principles building multiple fun robot projects that drive around on a tabletop, respond to light and other objects, move, detect obstacles, make sounds, and have surprisingly lifelike behavior, and much more!

### Robot Explorers 2-Ready Set Let's Build! for 3rd-6th (\$200)

4:30-5:00 p.m.

This class is an intro to Robotics designed to start at the very beginning and systematically teach students electronics, programming, and then how to combine those skills to build a functional robot. Students explore engineering design principles building multiple fun robot projects that drive around on a tabletop, respond to light and other objects, move, detect obstacles, make sounds, and have surprisingly lifelike behavior, and much more! Led by RobotCity Workshop. All materials are provided.

# Winter Trimester (December 1, 2020 - March 2, 2021)

## TUESDAYS 11 class meetings

| CLASS                       | PS | JK | SK | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th |
|-----------------------------|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| Extended Day                | •  | •  | •  | •   | •   | •   | •   | •   | •   | •   | •   |
| Advanced Photoshop          |    |    |    |     |     |     | •   | •   | •   | •   | •   |
| Art of Silliness            |    |    |    | •   | •   |     |     |     |     |     |     |
| Bookbinding                 |    |    |    |     |     | •   | •   | •   | •   | •   | •   |
| Books & Crafts              |    | •  | •  |     |     |     |     |     |     |     |     |
| Kitchen Science             |    |    | •  | •   | •   | •   | •   | •   |     |     |     |
| Music Adventures in Singing |    |    | •  | •   | •   | •   | •   | •   |     |     |     |
| Musical Madness!            |    |    |    | •   | •   | •   |     |     |     |     |     |
| Storytelling Circle         |    |    |    |     |     |     |     | •   | •   |     |     |
|                             |    |    |    |     |     |     |     |     |     |     |     |
|                             |    |    |    |     |     |     |     |     |     |     |     |

\*This program meets several times per week. Please see program description for details.

### Extended Day Block 1 for PS-8th 2:45-4:30 p.m.

See description under Mondays – Extended Day Block 1 for PS-8th.

### Extended Day Block 2 for PS-8th 4:30-6:00 p.m.

See description under Mondays – Extended Day Block 2 for PS-8th.

### Advanced Photoshop for 4th-8th (\$198) 4:30-6:00 p.m.

Open to any student who learned Photoshop in class, previously taken the Intro Photoshop ASA, or the summer Photoshop classes. Continue to build on skills learned during the summer and explore more fun tools and learn new techniques to manipulate images and create awesome digital art. Led by Ryan Trahey, AV Studio Coordinator.

### Art of Silliness for 1st & 2nd (\$198) 4:30-5:00 p.m.

Whether you think you are an artist, a doodler, a dreamer, or none of the above, this class will jump-start your creativity! We will engage in many activities from drawing upside down, imagining new worlds and creating new animal species. All you need is your imaginations and a willingness

to be silly! Led by Gina Galderio, Lower School Permanent Substitute.

(\*Note: Students will need the following supplies at home to participate: Cardstock, Multimedia Paper, Fine Point Sharpies, Color Pencils.)

### Bookbinding for 3rd- 8th (\$198) 4:30-5:15 p.m.

Bookbinding: A field guide to the rare and mystical creatures of the forest. Students will learn how to make accordian style books and hand sewn books and how to develop a storyline. They will develop a narrative using both words and images. Class taught by CoCo Schramel of Seventh Green Circle.

(\*Note: Students will need specialty supplies at home to participate. Links to supplies will be provided by instructor.)

### Books & Crafts for JK & SK (\$198) 4:30-5:00 p.m.

Students will listen to various stories and engage in arts and crafts projects. We will explore books from Eric Carle, Mo Willems, Dr. Seuss, and many more! Students have the opportunity to create, experiment, and explore all while sharing their creations and ideas among their peers. Led by Ilse Garcia, Early Childhood Teacher Assistant

### Kitchen Science: STEAM for SK-5th (\$198)

4:30-5:20 p.m.

STEAM stands for Science, TEchnology, Engineering, Art, and Mathematics. In this Kitchen Science Series, we will allow kids to experience science in a new way: delicious, relatable and fun! Kids will connect their STEAM knowledge to everyday activities and events and, as a result, deepen their understanding of and interest in science. Our young scientists are encouraged to ask questions, think critically, experiment, explain their reasoning, read, write, create models, and of course, have fun with science! In this session, we will explore chemical engineering, molecular gastronomy, gravity, lung capacity, and more throughout fun kitchen experiments including (but not limited to) making homemade butter, ice cream glaciers, and slime. Led by iCook After School

### Music Adventures in Singing for 3rd-5th (\$198)

4:30-5:20 p.m.

Learn how to properly and powerfully sing your favorite Disney, Broadway, and Pop tunes with confidence and glamour! This is a group voice class specifically designed for young developing voices. Through fun games, activities, exercises, and songs, students will learn: proper breathing technique, how to sing in tune, how to keep the beat, basic music reading for singing, how to safely increase range, creativity and characterization, singing in an ensemble, basic harmonizing, confidence and self-esteem.

Parents and caregivers join in the last 15 minutes of the last class for a special performance!

All of our programs strive to present musical concepts in a fun and relatable way that will be inspiring and memorable for kids of all ages. We use play-based and research-based techniques, gamification, and hands-on, interactive activities that keep students engaged and excited to learn. Our primary goal is to instill a lifelong love and understanding of music through variety, repetition, and fun, and this is the running theme through all of our programs! Led by Music Playhouse of Chicago.

### Musical Madness for SK-3rd (\$198)

4:30-5:00 p.m.

Do you love to sing-along to all the songs in *DESCENDANTS*? Or dancing along to all the coolest moves in *HAMILTON*? What about saying all your favorite lines from *FROZEN*? In this virtual Afterschool Adventure, we will be singing and dancing along to our favorite songs, and writing our own scenes to create our very own musical! Students will learn rhythm, pitch, coordination, spatial awareness, stage presence, and creative expression as they learn the songs and choreography from their favorite musicals and movies, and write their very own scenes and storyline! At the end of this ASA, the students will film a final performance of their play, and it will be shared with friends and family to watch and enjoy! Led by Melody DeRogatis, 2nd Grade Teacher Assistant.

### Storytelling Circle for 5th & 6th (\$198)

4:30-5:20 p.m.

One of the most beloved games in public speaking and drama is the storytelling circle. From the improvised ways of building story one word or phrase at a time to crafting our own single stories, this class will build on a simple game of storytelling to develop deep communication skills and the ability to connect with others through the lens of telling our stories. Led by Blaire Strom, SEL Teacher.

## Winter Trimester (December 2, 2020 - March 3, 2021)

# WEDNESDAYS

| WEDNESDAYS   |    |    |    |     |     |     |     |     |     |     |     |
|--------------|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| CLASS        | PS | JK | SK | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th |
| Extended Day | •  | •  | •  | •   | •   | •   | •   | •   | •   | •   | •   |

See our Partner Programs Page for Virtual Adventure Opportunities throughout the week including Wednesdays.

### Extended Day Block 1 for PS-8th

2:45-4:30 p.m.

See description under Mondays – Extended Day Block 1 for PS-8th.

### Extended Day Block 2 for PS-8th

4:30-6:00 p.m.

See description under Mondays – Extended Day Block 2 for PS-8th.

# Winter Trimester (December 3, 2020 - March 4, 2021)

## THURSDAYS 11 class meetings

| CLASS                | PS | JK | SK | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th |
|----------------------|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| Extended Day         | •  | •  | •  | •   | •   | •   | •   | •   | •   | •   | •   |
| Artist at Heart      |    |    |    |     |     | •   | •   |     |     |     |     |
| Beginning Ukulele    |    |    |    |     |     |     |     |     | •   | •   | •   |
| Fencing              |    |    |    |     | •   | •   | •   | •   | •   | •   | •   |
| Let's Improvise      |    |    |    | •   | •   | •   | •   | •   |     |     |     |
| Linoleum Printmaking |    |    |    |     |     |     |     | •   | •   | •   | •   |
| Minecraft B          |    |    |    |     |     | •   | •   | •   | •   | •   | •   |
| Music Discovery      |    |    | •  | •   | •   |     |     |     |     |     |     |
| Storytelling TEDx    |    |    |    |     |     |     |     |     |     | •   | •   |
|                      |    |    |    |     |     |     |     |     |     |     |     |

### Extended Day Block 1 for PS-8th 2:45-4:30 p.m.

See description under Mondays – Extended Day Block 1 for PS-8th.

### Extended Day Block 2 for PS-8th 4:30-6:00 p.m.

See description under Mondays – Extended Day Block 2 for PS-8th.

### Artist at Heart for 3rd & 4th (\$198) 4:30-5:20 p.m.

Pack up your art supplies and prepare for an artistic journey! Young art lovers are sure to be inspired as they meet a variety of artists. We will examine artists' influential work, their inspiration, motivation, and technique. Armed with this information, young artists will create their own inspired art pieces. Led by Gina Galderio, Lower School Permanent Substitute.

(\*Note: Students will need the following supplies at home to participate: Water Color Paper, Sharpies (black), Watercolors, and Oil Pastels.)

### Beginning Ukulele for 6th-8th (\$198) 4:30-5:20 p.m.

Students will learn basic ukulele playing technique, including how to hold, strum, tune, and play basic ukulele chords, in addition to basic picking patterns. Students will learn a variety of songs appropriate for their grade level as well as an independent student song of their choice. Students will receive both group and 1:1 instruction from experienced music teacher. Over the course of the class, students will create a ukulele portfolio filled with evidence of their learning, lead sheets, and review material to promote further musical development. Taught by Mr. Cory Bristol, 3rd Grade Teacher Assistant.

(\*Note: Students would need access to a ukulele (preferably a soprano or concert ukulele), an electric tuner, and binder to hold instructional materials)

### Fencing for 2nd-8th (\$198) 4:30-5:20 p.m.

This class will combine a fun and educational introduction to fencing in a virtual space. Fencing is a fun sport that can build strength, quick thinking, and mobility while getting a great workout. This class will cover the basics of fencing: advance, retreat, lunge, attack, and counter attack. Students with some experience are welcome to return. Led by Swift Fencing.

### Let's Improvise! for 1st-5th (\$198)

4:30-4:20 p.m.

Bring your imagination and be ready for FUN! In this virtual Afterschool Adventure, students will be introduced to the zany, exciting world of improv! Students will be introduced to classic improv concepts such as “yes and”, fast thinking, and acting skills through drama games, improvisation exercises, and long-form/short-form improv techniques. Through the art of improv, children will also build confidence, cognitive, and creativity skills. There will be a virtual presentation for parents and friends during the last 15 minutes of class on the last day! Led by 2nd Grade Teacher Assistant Melody DeRogatis.

### Storytelling Tedx for 7th & 8th (\$198)

4:30-5:20 p.m.

One of the most beloved games in public speaking and drama is the storytelling circle. From the improvised ways of building a story one word or phrase at a time to then crafting our own single stories, this class will build on a simple game to develop deep communication skills and the ability to connect with others through the lens of telling our stories. The older grades will find the pace to creation will be faster and specific to their age as we work toward our own 5 minute TED.com style storytelling platform. Led by Blaire Strom, SEL Teacher.

### Linoleum Printmaking for 5th-8th (\$198)

4:30-5:20 p.m.

Introduction to Linoleum block printing through bookmaking: LEarn how to carve into a linoleum block and print on paper or book cover. Students will sew a book together after the printing. Taught by CoCo Schramel of Seventh Green Circle.

(\*Note: Students will need the specialty supplies at home to participate. Links to supplies will be provided by instructor.)

### Minecraft B for 3rd-8th (\$198)

4:30-5:20 p.m.

Come play, laugh, and build together in Minecraft. Enjoy different, optional themes and challenges each week or just free build with friends and fellow classmates. All experience levels welcome. Led by Ryan Trahey, AV Studio Coordinator. (\*Note: This class is duplicated on Mondays- Minecraft A.)

### Music Discovery for SK-2nd (\$198)

4:30-5:00 p.m.

We Take your child's music education to the next level! Activities are deeply rooted in music theory and designed to help children develop critical listening skills and prepare children for instrument lessons and formal music instruction, while having a ton of fun in the process! This class features classical music by historic and famous composers. Students learn music literacy and music history through physical activities, listening activities, games, singing, dancing, storytime, and art.

Parents and caregivers join in the last 15 minutes of the last class for a special performance!

All of our programs strive to present musical concepts in a fun and relatable way that will be inspiring and memorable for kids of all ages. We use play-based and research-based techniques, gamification, and hands-on, interactive activities that keep students engaged and excited to learn. Our primary goal is to instill a lifelong love and understanding of music through variety, repetition, and fun, and this is the running theme through all of our programs! Led by The Music Playhouse of Chicago.

# Winter Trimester (December 4, 2020 - March 5, 2021)

## FRIDAYS 11 class meetings

| REGISTRATION FOR AN AFTER SCHOOL CLASS INCLUDES SUPERVISION AND A SNACK BETWEEN SCHOOL DISMISSAL AND CLASS START TIME. |    |    |    |     |     |     |     |     |     |     |     |
|--|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| CLASS  | PS | JK | SK | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th |
| Extended Day   | •  | •  | •  | •   | •   | •   | •   | •   | •   | •   | •   |
| Buddha Belly Kids  |    | •  | •  | •   | •   |     |     |     |     |     |     |
| Dungeons, Dice & Game Design   |    |    |    |     |     |     |     |     | •   | •   | •   |
| Family Game Night  |    |    |    |     |     | •   | •   | •   |     |     |     |
| Hands On Cooking   |    |    | •  | •   | •   | •   | •   | •   |     |     |     |
| Robot Explorers: Coding  |    |    |    |     |     | •   | •   | •   | •   |     |     |

### Extended Day Block 1 for PS-8th

2:45-4:30 p.m.

See description under Mondays – Extended Day Block 1 for PS-8th.

### Extended Day Block 2 for PS-8th

4:30-6:00 p.m.

See description under Mondays – Extended Day Block 2 for PS-8th.

### Buddha Belly Kids for JK-2nd (\$180)

4:30-5:00 p.m.

Buddha Belly Kids Yoga is a mobile yoga & mindfulness company founded by educators and dedicated to nurturing kids' innate desire for movement and play. We truly believe that whatever the child does is yoga, especially when it comes to doing yoga through a virtual platform. What's most important is that we are teaching your children how to move, breathe, pause, and listen to their own bodies. We explore yoga through poses, movement, games, and relaxation while encouraging creativity and fun! Our classes balance both structure and spontaneity as we honor each individual's unique energy. Most importantly, we focus on experiencing the magic of yoga together. Led by Buddha Belly Kids Yoga.

### Dungeons, Dice & Game Design for 6th-8th (\$200)

4:30-5:20 p.m.

It's one thing to tell a story with friends but it's quite another to build those stories from the ground up in this hands-on course. Students will work together to explore the

histories, designs, and systems of a wide variety of role playing games from the classic Dungeons & Dragons to its many modern iterations. Our Game Designers will tinker with the mathematics and design elements of five different systems in their quest to create a storytelling game of their very own. Led by Carpe DM Games.

### Family Game Night 3rd-5th (\$180)

4:30-5:20 p.m.

Connecting with your family for game night can be a tradition you will remember for a lifetime. On Friday afternoons, we will review our favorite games, give suggestions, and aid each other in planning a game night to remember for the special people in your life. Join this virtual adventure for a low stakes way to connect with each other through focus on a fun weekend! Led by Blaire Strom, SEL Teacher.

### Hands on Cooking for SK-5th (\$180)

4:30-5:20 p.m.

iCook is offering a fully-immersive virtual cooking program for our young chefs. This winter, our chefs-in-training will learn how to make delicious and nutritious recipes using fresh and colorful ingredients. We will travel across the globe to learn about cuisine and traditions. We will learn about fresh herbs and how they enhance the aroma and flavors of our dishes, along with mastering cooking safety, slicing, dicing, chopping, folding, baking, zesting, mixing, and more! We provide the recipes, cooking tips and talking points to create recipe sharing and learning at home easier and more fun. Led by iCook After School.

## Robot Explorers- Game on Coding Fun 101 for 3rd-6th (\$200)

4:30-5:20 p.m.

In this class, students learn computer coding using Scratch programming, a language that computers understand that students will learn to use to program and create interactive media such as stories, games, and animation. Scratch helps children think in a programming mindset. It helps build logic and reasoning skills and helps develop digital media fluency. This program will empower students because they can express themselves creatively through their online creations. Led by RobotCity Workshop.