

LUNCH

Menu items subject to change based on availability. We always offer options for known dietary restrictions. An alternative hot meal, sandwiches, salad, soups, fruit, and beverages also served daily.

FEBRUARY 2019

 CATHERINE COOK SCHOOL

Contact Kate, your on-site manager, at ccookschool@handcutfoods.com

Monday		Tuesday		Wednesday		Thursday		Friday	
4	Baked Ziti with Ground Beef Baked Ziti with Tofu Ricotta Roasted Broccoli Garlic Bread Kiwi Moons	5	CHINESE NEW YEAR Orange Hoisin Chicken or Tofu Stir-Fried Rice Noodles Blanched Snap Peas Chinese Rice Sticky Cakes	6	Chicken Tinga Nacho Bake Chorizo Seitan Nacho Bake Tajin Roasted Corn Shredded Lettuce Salsa Verde & Sour Cream Poached Pear with Whipped Cream	7	Cheddar and Turkey Panini Cheddar and Veggie Panini Tomato Soup Roasted Cauliflower Blueberry Cornmeal Cake	8	Cheesy Pups in Blanket Tofu Pups in Blanket Blanched Snap Peas Roasted Red Potatoes Fruit Salad
11	Turkey Enchilada Meatballs Black Bean and Bulgur Meatballs Steamed White Rice Tajin Seasoned Squash Grapes	12	Creamy Chicken Casserole Creamy Seitan Casserole Roasted Green Beans Drop Biscuits	13	Mac and Cheese Bar Peas & Roasted Broccoli Diced Ham Caramel Flan	14	HAPPY VALENTINES DAY Beef Meatloaf or Lentil and Mushroom Loaf Mashed Potatoes Roasted Brussels Sprouts Valentine's Day Heart Cookie	15	No Service
18	No Service	19	No Service	20	No Service	21	No Service	22	No Service
25	Turkey Enchilada Casserole Vegetable & Lentil Enchilada Casserole Refried Beans Roasted Chayote Squash Honey Dew Wedges	26	Chicken or Eggplant Parmesan Cavatapi Pasta Roasted Broccolini Housemade Rice Krispie Treat	27	Beef Chili Vegetarian Chili Elbow Pasta Carrot and Celery Sticks Pears with Whipped Cream	28	Pesto Turkey Breast Quinoa & Cranberry Stuffed Mushroom Roasted Acorn Squash Roasted Fingerling Potatoes Banana Bread with Cream Cheese Frosting	1	Hot Dog or Soy Dog Pasta Salad Broccoli Salad Fruit Salad

HANDCUT FOODS