


# After School Adventures

Winter Session 2009-2010

December 7 - March 5

9-10  
weeks of  
After School  
fun!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mid-Day	LITTLE SPANISH STARS A 11:15-12:00 PS & JK	LITTLE SPANISH STARS B 11:15-12:00 PS & JK	LITTLE SPANISH STARS A 11:15-12:00 PS & JK	LITTLE SPANISH STARS B 11:15-12:00 PS & JK	ART B 11:15-12:00 PS & JK	
	MANDARIN 11:15-12:15 PS & JK	SCULPTURE A 11:15-12:00 PS & JK	MANDARIN 11:15-12:15 PS & JK	SCULPTURE B 11:15-12:00 PS & JK		
	ART A 11:15-12:00 PS & JK					KARATE 10:45-11:45
Afternoon	LITTLE SPANISH STARS C 2:45-3:30 PS & JK	DRESS FOR MESS 3:15-4:15 PS-1ST	MOVE AND GROOVE 3:00-4:00 PS & JK	LITTLE SPANISH STARS C 2:45-3:30 PS & JK	SUPER HERO TRAINING 3:15-4:15 PS-SK	
	KARATE 3:15-4:15 JK-2ND 4:30-5:30 2ND-8TH	AUTHORS! AUTHORS! 3:15-4:15 JK-2ND	CREATIVE DRAMATICS 3:00-4:00 PS-SK	YOGA A 3:15-4:15 PS-SK	KARATE 3:15-4:15 JK-2ND 4:30-5:30 2ND-8TH	
	ROCK BAND A 3:15-4:15 JK-1ST	BE AN ARTIST! 3:15-4:15 SK-2ND	CIRCESTEEM A 3:15-4:15 SK-2ND	ROCK BAND B 3:15-4:15 JK-1ST	BALLET 3:15-4:15 SK-2ND	
	PRINCESS ETIQUETTE SCHOOL 3:15-4:15 JK-1ST	FUN WITH LEGOS 3:15-4:15 SK-2ND	ADVANCED MANDARIN 3:15-4:15 SK-8TH	COUGAR SPIRIT STARS 3:15-4:15 SK-2ND	MAD SCIENCE 3:15-4:15 SK-4TH	
	PIZZA PARTY 3:15-4:15 JK-3RD	JEWELRY MAKING 3:15-4:15 SK-2ND	ONE ON ONE HOOPS 3:15-4:30 1ST-4TH	PROJECT RUNWAY 3:15-4:15 SK-3RD	CHESS SCHOLARS 3:15-4:15 SK-8TH	
	ADVANCED MANDARIN 3:15-4:15 SK-8TH	BEG. MANDARIN 3:15-4:15 SK-8TH	SCRAPBOOKING 3:15-4:15 3RD-6TH	BEG. MANDARIN 3:15-4:15 SK-8TH	GIRLS ROCK 3:15-4:15 3RD-8TH	
	YOGA B 3:15-4:15 1ST-3RD	BASIC ACTING 3:15-4:15 1ST & 2ND	IMPROV CLUB 3:15-4:15 5TH-8TH	MOVIE MAKING 3:15-4:15 1ST-5TH	 <p>THE CATHERINE COOK SCHOOL Inspiring and Educating Children for Life</p>	
	COMIC CONNECTION 3:15-4:15 1ST-4TH	ROCK BAND C 3:15-4:15 2ND-4TH	ROCK BAND D 3:15-4:15 5TH-8TH	KIDS FIRST IMPROV 3:15-4:15 2ND-4TH		
	CHECKERS/ BACKGAMMON 3:15-4:15 2ND-4TH	DRUM & PERCUSSION 4:15-5:15 2ND-8TH	ADVANCED ROCK 3:15-4:15 (INVITATION)	FURNITURE PAINTING 3:15-4:15 2ND-8TH		
	ADVANCED ACTING 3:15-4:15 3RD & 4TH	CREATIVE JEWELRY 3:15-4:15 3RD-6TH		BEG. EMBROIDERY 3:15-4:15 3RD-8TH		
CIRCESTEEM B 3:15-4:15 3RD-5TH	ITALIC CALLIGRAPHY 3:15-4:15 3RD-8TH		WEST AFRICAN DRUMMING 3:15-4:15 4TH-7TH			

# After School Adventures

Fall Session 2009

September 14 - November 20

**ENROLLMENT:** Most classes and clubs are first-come, first-serve and are considered full once maximum capacity is reached. (This could happen before the deadline!) **Online registration begins on Aug. 12 at [www.catherinecookschoo.org](http://www.catherinecookschoo.org) on the After School page.** Deadline for enrollment is Friday, Sept. 4, 4 p.m. **Late Registration by emailing [blaire.strom@catherinecookschoo.org](mailto:blaire.strom@catherinecookschoo.org) extends until Tuesday, Sept. 8 after which time a fee of \$50 per class will be charged for any additions, changes or deletions from your child's schedule.**

**FULL/CANCELLED CLASSES:** If the minimum enrollment is not met, you will be contacted and offered another choice. If a class is full, contact Blaire Strom to indicate your wish to be put on a waitlist. Decisions to cancel classes are made on Sept. 4. Payment online is not charged until after Sept. 14.

**ATTENDANCE:** Regular attendance for all classes and clubs is expected. There are no refunds for classes missed for any reason. If a teacher is absent, she or he will make a time to reschedule the class during the week of Nov. 30-Dec. 4. **If you are late picking up, your child will be brought to Lunch Bunch (12:15) or Extended Day (4:20) for appropriate supervision and a fee may be assessed.**

**Special note on pricing:** All class prices are based on how many weeks the class will be in session due to days off of school or school events that conflict with the location of a class.

**Mondays-Thursdays this term will meet for 10 weeks, which is one more than usual.**

**Fridays will meet for 9 weeks.**

## Classes at 11:15

### **ART A FOR PS & JK ON MONDAYS AND ART B FOR PS & JK ON FRIDAYS, (\$155, INCLUDING \$10 MATERIALS FEE)**

Students in this class will engage in creative play with a variety of art materials. We will paint, collage, draw, and sculpt in this class. This is a once a week class. Led by Ms. Bauhs, LS art teacher.

### **SCULPTURE A FOR PS & JK ON TUESDAY AND SCULPTURE B FOR PS & JK ON THURSDAY (\$180)**

Every week we will work with a different material, such as clay that we'll fire to recycled materials, and shape the material into animals, free form, and fun and functional structures. The children will explore 3 dimensional thinking and construction and expand their imaginations! Led by Miss Melissa, friend of CCS.

### **LITTLE SPANISH STARS A FOR PS & JK ON MONDAYS/WEDNESDAYS (\$370, INCLUDING \$10 MATERIALS FEE) AND LITTLE SPANISH STARS B FOR PS & JK ON TUESDAY/THURSDAYS (\$390, INCLUDING \$10 MATERIALS FEE)**

**\*\* CHECK OUT THE NEW LITTLE SPANISH STARS SECTION THAT JUST OPENED IN THE PM AS WELL!!**

Smarty Party provides a multi-sensory approach to teaching -- through enriching activities designed to engage your child in the fun of foreign language learning. Children are immersed in the Spanish language through literacy, music, movement, games, and puppet play. Parents are provided with a personalized e-mail newsletter each week that gives an overview of the class events and concepts reviewed. This is a twice a week class. Led by Smarty Party.

### **MANDARIN FOR PS & JK ON MONDAYS/WEDNESDAYS, 11:15-12:00 (\$340)**

Little Linguists' innovative methodology is focused initially on ensuring that children become comfortable with the unique sounds of the Chinese language. Children will learn in a fun, interactive, and enjoyable environment by discovering Chinese through song, crafts, games, and body movement. PM students are eligible for this class as teachers negotiate the overlap in time. This is a twice a week class and new students are welcome. Led by Little Linguists Academy.

### Classes at 3:15

#### ***ADVANCED ACTING FOR 3RD & 4TH ON MONDAYS (\$185)***

A more intensive acting training, using original and standard scripts for scene study work and monologue training. Students hone their performance abilities and learn to create original characters. Led by Li'l Buds Theatre Company.

#### ***AUTHORS! AUTHORS! FOR JK-2ND ON TUESDAYS (\$205, INCLUDING \$5 MATERIALS FEE)***

This class brings stories to life! We will combine children's favorite authors, such as Dr. Seuss, Shel Silverstein, Mo Williams, and Chris Van Allsburg, with science, art, movement and cooking projects. Projects and featured authors will change each week, making this class one of the most versatile for the child that can't decide which class to take! Led by Ms. Madden and Mrs. Fisher, PS asst. teacher and JK teacher.

#### ***BALLET FOR SK-2ND ON FRIDAYS (\$180)***

Natalie Ripley will be teaching this dance class to children 5-8 years old. In this class, concentration is placed on fine tuning gross motor skills, building teamwork, developing a positive self image, and expanding a sense of spatial awareness. Each week, Mrs. Ripley will begin expect more of the students in terms of preparation, etiquette, and execution. The classes are designed with children in mind to help them develop a passion and love for the art of dance. Mrs. Ripley has 19 years in dance training in ballet, modern, jazz, and tap, and has taught at CCS for 11 years. A small snack will be provided. Students will need: ballet slippers, pink tights, pink leotard for class.

#### ***BASIC ACTING FOR 1ST & 2ND ON TUESDAYS (\$200)***

Through acting games and exercises, students will hone basic acting skills such as vocal production and character development, and will master the art of creative collaboration. They will be introduced to storytelling techniques and put those skills to use crafting their very own theatrical creation. The session will end with an open invitation performance. Led by Li'l Buds Theatre Company.

#### ***BE AN ARTIST! FOR SK-2ND ON TUESDAYS (\$210, INCLUDING \$10 MATERIALS FEE)***

Mrs. Hill is back with a brand new session of art classes. Artists come in all shapes and sizes. Join us as we discover what kind of an artist you are as we use multi-media! Led by Mrs. Hill, SK teacher.

#### ***BEGINNING EMBROIDERY FOR 3RD-8TH ON THURSDAYS (\$210, INCLUDING \$10 MATERIALS FEE)***

Master the basic stitches of embroidery. We will learn running stitch with wrapping, cross stitch, chain stitch, feather stitch, buttonhole stitch, and French knot with a variety of materials including yarn. Stitch samplers, embroidered pouches, and wrist bands are likely projects. Led by Janet Musich, friend of CCS.

#### ***CHECKERS AND BACKGAMMON FOR 2ND-4TH MONDAY (\$180)***

The fundamental basics of Checkers and Backgammon will be taught in this After School Adventure. These games encourage strategy and logic. We will begin with Checkers and advance to Backgammon. Our minds will be exercised as we explore proper techniques and skills with these two games. Led by Mrs. Oliver and Ms. Partridge, PS asst. teachers.

#### ***CHESS SCHOLARS FOR SK-8TH ON FRIDAYS (\$180)***

Chess Scholars returns on Friday afternoons. Led by Russian Candidate-Master, Ilya Korzhenevich, Chess Scholars brings out the potential of each chess player through instruction, games, and area tournaments. All levels of chess are welcome. Led by Ilya Korzhenevich.

#### ***CIRCESTEEM A FOR SK-2ND ON WEDNESDAYS (\$200) AND CIRCESTEEM B FOR 3RD-5TH ON MONDAYS (\$180)***

CircEsteem is an exciting youth program that honors the timeless art of circus. "Clowning around" sets students free from the ordinary and open to the extraordinary. This attitude underpins everything from spinning plates to juggling. Children learn by letting go of doubt and grasping onto belief in oneself and belief in one's classmates. CircEsteem celebrates confidence, imagination, and respect while fostering coordination, understanding, and synergy.

#### ***CREATIVE DRAMATICS FOR PS-SK ON WEDNESDAYS FROM 3:00-4:00 (\$200)***

This class is a basic introduction to the dramatic arts, concentrating on imagination and collaborative work. We will be using children's literature as a basis for dramatic creations. Led by Li'l Buds Theatre Company.

***CREATIVE JEWELRY CREATIONS FOR 3RD-6TH ON TUESDAYS (\$210, INCLUDING \$10 MATERIALS FEE)***

Come show us your creative and fashionable side in Creative Jewelry Creations! You will design and create necklaces, bracelets, earrings and key-chains using the well known Viva Beads. These beads are fun, vibrant clay beads that can be designed into beautiful jewelry creations. There are even sports beads for the sporty girls and boys! The jewelry makes a great accessory and excellent gifts during the holiday season! Led by Miss Wales and Mrs. Friedman.

***MR. GALL'S COMIC CONNECTION FOR 1ST-4TH ON MONDAYS (\$185, INCLUDING \$5 MATERIALS FEE)***

Comics today consist of much more than superheroes and alien invaders! Mr. Gall's Comic Connection is an exploration of the increasingly varied and exciting graphic novel format. During each session students will read, critique, and enjoy a range of age-appropriate literature, from classic to contemporary, humor to drama. Participants will examine fundamentals of graphic storytelling and utilize what they learn to create their own comic narratives! Led by Mr. Gall, CCS librarian.

***COUGAR SPIRIT STARS FOR SK-2ND ON THURSDAYS (\$210, INCLUDING \$10 MATERIALS FEE)***

Ms. Partridge is a Hope College cheerleading alumni and wants to help your students show their "Cougar" spirit! We will be learning the Cougar fight song, working on some spirit projects and learning some cheers to share! We will be active and spirited the entire class and will be working hard on new ways to show our spirit with the community we love. (Please provide a plain, white t-shirt to decorate.) Led by Ms. Partridge, PS assistant teacher.

***DRESS FOR MESS FOR PS-1ST ON TUESDAY (\$210, INCLUDING \$10 MATERIALS FEE)***

Let your child develop their inner artist in this hands-on class. We will make a variety of homemade paints and clay to create paper mache snowmen, animal habitat dioramas, and more. Led by Mrs. Olvera, PS asst. teacher.

***DRUM AND PERCUSSION FOR 2ND-8TH ON TUESDAYS, 4:15-5:15 (\$200)***

Adventures in drums and percussion! We will be learning percussion styles from around the world: Latin, African, etc. We will be playing in a group in these different styles and learning techniques with bongos, congas, timbales, maracas, African drums, and much, much more! Students may go to Extended Day for the hour between school and class for free. Led by Billy Rhythm, our drum and percussion private teacher.

***FUN WITH LEGOS FOR SK-2ND ON TUESDAYS (\$200)***

Whether you're a beginning or experienced Lego builder, Catherine Cook would like to give you the opportunity to explore your creative building skills in "Fun with Legos." Please join us every Tuesday for fun and learning with your friends and classmates. At the end of this session, you will be given your very own personal keepsake album with photos of your building experiences. Happy building! Led by Ms. Wortinger, 4th grade teacher.

***FURNITURE PAINTING FOR 2ND-8TH ON THURSDAYS (\$200)***

Bring in your shabby chic furniture or accessories to beautify for your home. Small wooden chairs or tables, jewelry boxes, doll houses, or anything in your house will do if it's within a 3' by 2' size (so as not to take up too much room in the art room or require heavy lifting down the stairs). We will decorate and paint these pieces to admire and use in your home or give away as gifts. Led by Ms. Dawn, art teacher.

***GIRLS ROCK FOR 3RD-8TH ON FRIDAYS (\$200)***

Girls Rock Class is open to girls from grades 3rd-8th of all levels. Rock and Roll can be a positive tool used to empower girls through music. Girls will learn the basics on drums, guitar, keyboard and bass, with the opportunity to grow and develop their skills through this music education class. It's always the right time to get started in a music adventure. Led by Liz Burke.

***IMPROV CLUB FOR 5TH-8TH ON WEDNESDAYS (\$160)***

Improv Club is designed for the Middle School students who enjoy acting and thinking on their feet. Eric Lutz from Kids First Improv will lead the students through various games and scene work to enhance their skills of listening and reacting. New students are welcome!

***ITALIC CALLIGRAPHY FOR 3RD-8TH ON TUESDAYS (\$205, INCLUDING \$5 MATERIALS FEE)***

Learn the art of beautiful writing with Italic calligraphy. In nine weeks you can master the Italic alphabet and learn to illuminate (decorate) your capital letters as a master medieval calligrapher might have. Poetry, cards, and bookmarks are likely projects. Led by Janet Musich, friend of CCS.

***JEWELRY MAKING FOR SK-3RD ON TUESDAYS (\$215, INCLUDING \$15 MATERIALS FEE)***

Jewelry Making is a creative class where students will make anything from necklaces, bracelets, and rings. There will be a different activity every week where students design and bead jewelry to wear or bring home. Led by Ms. Defranco and Ms. Lyon, P.E. and 2nd grade teachers.

**KARATE FOR JK-2ND ON MONDAYS/FRIDAYS AT 3:15; KARATE FOR 2ND-8TH ON MONDAYS/FRIDAYS AT 4:30 (\$285)**

\*Please note the change in day: Mon/Fri/Sat

Classes are taught by Kris Haines of The Catherine Cook School's P.E. staff. He is certified as an instructor in Shorin Ryu Karate under World Champion Shihan Larry Tankson (8th degree black belt). Sensei Haines holds the rank of 4th degree black belt with additional black belts in Tai Kwon Do and Chinese Goju. Karate students should plan to attend twice a week on either Monday or Friday at the time listed, or on Saturday mornings from 10:45-11:45 a.m. Students who take karate at 4:30 p.m. may attend Extended Day for free for that hour before class begins. Led by Mr. Haines, P.E. teacher.

**KIDS FIRST IMPROV FOR 2ND-4TH ON THURSDAYS (\$200)**

Eric Lutz is back again to teach you the wacky world of improv, how to think on your feet, and use these skills to help your team of improvisers. Improvisation is acting without a script. Learn those valuable actor tools of listening and reacting, just like the professionals! Led by Eric Lutz of Kids First Improv

**LITTLE SPANISH STARS C FOR PS & JK ON MONDAY/THURSDAYS FROM 2:45-3:30 (\$370, INCLUDING \$10 MATERIALS FEE)**

Smarty Party provides a multi-sensory approach to teaching -- through enriching activities designed to engage your child in the fun of foreign language learning. Children are immersed in the Spanish language through literacy, music, movement, games, and puppet play. Parents are provided with a personalized e-mail newsletter each week that gives an overview of the class events and concepts reviewed. This is a twice a week class. Led by Smarty Party.

**MAD SCIENCE FOR SK-4TH ON FRIDAYS (\$180)**

Join Mad Science for 9 weeks of fun science activities! Different topics than the Fall Session will be covered each week. If you've taken Mad Science before and would like the full break down of classes to see if you've taken this cycle, contact Blaire Strom. Led by Mad Science of Chicago.

**MANDARIN: BEGINNING MANDARIN FOR SK-8TH ON TUESDAYS/THURSDAYS (\$360) AND ADVANCED MANDARIN FOR SK-8TH ON MONDAYS/WEDNESDAYS (\$340)**

Little Linguists' innovative methodology is focused initially on ensuring that children become comfortable with the unique sounds of the Chinese language. Children will learn in a fun, interactive, and enjoyable environment by discovering Chinese through song, crafts, games, and body movement. New students of all ages as well as continuing SK students are encouraged to join the Beginning Mandarin section on Tuesdays and Thursdays. This is a twice a week class. Led by Little Linguists.

**MOVE AND GROOVE FOR PS & JK ON WEDNESDAYS FROM 3:00-4:00 (\$200)**

ARCC Ballet brings you this dance class that combines basic ballet with creative movement specifically geared toward this age group. We are very excited to have the talented instructors from their two studios join us here at CCS. To really get movin' and groovin', students should wear loose clothing to class if they don't have dance clothes. Led by ARCC Ballet.

**MOVIE MAKING FOR 1ST-5TH ON THURSDAYS (\$200)**

Lights! Camera! Action! In this class, you'll produce a storyboard, act and work behind the lens as you create a short film that will be screened for family and friends! Led by John Anderson.

**ONE ON ONE HOOPS FOR 1ST-4TH ON WEDNESDAYS 3:15-4:30 (\$150)**

One on One Hoops is approaching its 11th year of quality basketball instruction in the Chicagoland area. Basketball players of all skill levels are encouraged to come join us on Wednesday afternoons to develop the fundamentals of basketball and continue their development. One on One believes that hard work, attention to detail, and a positive attitude develop habits that serve as the foundation for improvement on and off the court. Led by One on One Hoops.

**PIZZA PARTY FOR JK-3RD ON MONDAYS (\$195, INCLUDING \$15 MATERIALS FEE)**

We'll create a selection of both sweet and savory pizzas sure to please any kid connessuir. Chocolate chip cookie dough pizza, fruit salad pizza and authentic Italian cheese pizza will be on our menu. Kids will also enhance their culinary skills by creating homemade crusts and sauces. Led by Mrs. Olvera, PS asst. teacher.

**PRINCESS ETIQUETTE SCHOOL FOR JK-1ST ON MONDAYS (\$195, INCLUDING \$15 MATERIALS FEE)**

At Princess School all of our Royal Princesses will learn the utmost in "Princess Etiquette", like the wave, the curtsy, pinkies up, and of course, practicing good social skills and kindness. They will begin each session by dressing-up in any of our very glamorous gowns and then complete their look by choosing any of our very elegant accessories. Throughout the 9 class journey, the Princesses will enjoy a variety of fairytale activities, princess crafts, and a tea party. Led by Mrs. Torriero, SK assistant teacher.

**PROJECT RUNWAY FOR SK-3RD ON THURSDAYS (\$205, INCLUDING \$5 MATERIALS FEE)**

Project Runway includes storytelling and fashion in one fabulous class. Students will be looking in children's clothing magazines to talk about color, style, prints, and why a raincoat is different from a soccer jersey. Projects each week will center around a different style as students design their paper fashions on paper models. The session will conclude with a "fashion show" for students and their families. Led by Ms. Lyon and Mrs. Murphy, 2nd & 3rd grade teachers.

**ROCK BAND**

**A FOR JK-1ST ON MONDAYS (\$190); B FOR JK-1ST ON THURSDAYS (\$210); C FOR 2ND-4TH ON TUESDAYS (\$210); D FOR 5TH-8TH ON WEDNESDAYS (\$210); ADVANCED ROCK (BY INVITATION ONLY) (\$210)**

Two sections for JK-1st are now offered on Mondays or Thursdays. There is a cap for all classes and new sections may be created based on wait lists. These very popular rock and roll classes bring students' musical experiences together with the fundamentals of group playing, listening, and learning to create an ideal environment for creative growth. Students nominate songs and vote on which to play. Some experience on guitar, bass, piano, singing, tambourine, or anything really is preferred but not necessary. Just bring a sense of fun and some musical knowledge, and we'll work out the rest. Online tutorials can be found by going to [www.youtube.com](http://www.youtube.com) and entering the keyword "ROCKBANDCLASS" (no spaces). Led by Nathan Dillon and his rockin' instructors.

**SCRAPBOOKING FOR 3RD-6TH ON WEDNESDAY (\$210, INCLUDING \$10 MATERIALS FEE)**

Have a blast learning how to make yourself a scrapbook of your favorite memories. Learn how to design scrapbook pages and mini scrapbook albums using various techniques! We will be using stamps, stickers, papers, punches, journaling and embellishments to scrapbook. Let's get creative and capture all the moments in our lives! Led by Mrs. Naponelli, CCS school nurse.

**SUPER HERO TRAINING PS-SK ON FRIDAYS (\$180)**

Calling all Super Heroes! In this crash course, we'll learn all the skills needed to save the universe! Every Super Hero student will make his or her own unique gear, and go through some serious training in the following Super Hero skills: morphing, agility, problem solving, and partner training. Led by John Anderson.

**WEST AFRICAN DRUMMING FOR 4TH-7TH ON THURSDAYS (\$200)**

Jean-Christophe Leroy is back at our school to teach drumming after a wildly successful assembly last year. As we learned, there are over 3,000 cultures in Africa and at least that many styles of music. His class will be an introduction to the Djembe drumming style from Guinea, West Africa.

**YOGA A FOR PS-SK ON THURSDAYS (\$200) AND YOGA B FOR 1ST - 3RD ON MONDAYS (\$180)**

Join Bubbles Academy for this imaginative and exciting one-hour yoga class that focuses on stretching arms, legs, bodies, and minds! Each week we will explore yoga and movement through games, songs, dances, and imaginative adventures. At the end of each class we will have a relaxation period, teaching our young yoginis how to calm their minds and their bodies. Led by Lauren Maul on Thursdays and Beth Allin on Mondays, friends of CCS and Bubbles Academy.